

Spanish Meatballs

1 can Vegeburger
1 C. pecan meal
½ to 1 C. bread crumbs
1 grated onion
½ C. parmesan cheese
4 Eggs beaten
1 Tsp. soy sauce
4 Tsp. vegetable oil
¼ tsp. garlic powder
Form into small balls and bake on oiled
Cookie sheet for 30 minutes at 350 degrees F.

Sauce:

1 chopped onion
1 chopped green pepper
1 can 15 oz tomato sauce
2/3 cup ketch Up
1/3 cup + 2 Tsp. Kraft Thick and Spicy barbecue sauce
1 Tsp. A1 Steak Sauce
1 Tsp. Vinagrar
½ stick Oleo
¼ cup water
¼ cup brown sugar
1 tsp. El Paso Taco seasoning
1 tsp. salt
Mix all sauce ingredients, bring to boil and
simmer. Place meatballs in 9 x 13 casserole
dish and pour sauce over meatballs.