Vegetable Hotchpotch

In this recipe, a variety of vegetables are arranged under a layer of potatoes, topped with cheese, and cooked until golden brown.

## NUTRITIONAL INFORMATION

 Calories
 .279
 Sugars
 .12g

 Protein
 .10g
 Fat
 .11g

 Carbohydrate
 .34g
 Saturates
 .4g

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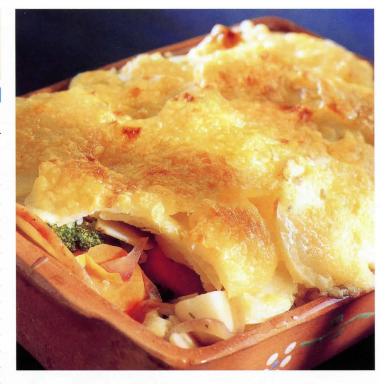




## **SERVES 4**

## INGREDIENTS

- 2 large potatoes, thinly sliced
- 2 tbsp vegetable oil
- 1 red onion, halved and sliced
- 1 leek, sliced
- 2 garlic cloves, crushed
- 1 carrot, cut into chunks
- 31/2 oz/100 g broccoli florets
- 31/2 oz/100 g cauliflower florets
- 2 small turnips, cut into fourths
- 1 tbsp all-purpose flour
- 3 cups vegetable bouillon
- 3/3 cup hard cider
- 1 eating apple, cored and sliced
- 2 tbsp chopped fresh sage
- pinch of cayenne pepper
- ½ cup grated colby cheese
- salt and pepper
- Cook the potato slices in a pan of boiling water for 10 minutes. Drain thoroughly and reserve.
- Heat the oil in a flameproof casserole. Add the onion, leek, and garlic and sauté, stirring occasionally, for 2–3 minutes. Add the remaining vegetables and cook, stirring constantly, for another 3–4 minutes.









- 3 Stir in the flour and cook for 1 minute. Gradually pour in the bouillon and hard cider and bring to a boil. Add the apple, sage, and cayenne pepper and season well. Remove from the heat and transfer the vegetables to an ovenproof dish.
- 4 Arrange the potato slices on top of the vegetable mixture and cover evenly.

5 Sprinkle the cheese on top of the potato slices and cook in a preheated oven, 375°F/190°C, for 30–35 minutes, or until the potato is golden brown and beginning to go crisp around the edges. Serve immediately.