

Walnut Casserole

½ C. grated walnuts
4 - 5 slices whole wheat bread
1 C. milk
1 C. oatmeal
2 Tbs. tomato puree
2 eggs or egg substitute
Salt

Mix bread and milk and warm in a pot (**do not boil**) and let stand for 30 minutes.
Then mix all ingredients and bake in a covered and creased casserole dish for one hour at 350°F